

AG-15039/20/2024-Sr.C-I (E.O.No.86443)

भारत सरकार/Government of India
सामाजिक न्याय और अधिकारिता मंत्रालय/Ministry of Social Justice and Empowerment
सामाजिक न्याय और अधिकारिता विभाग/Department of Social Justice and Empowerment
वरिष्ठ नागरिक प्रभाग/ Senior Citizens Division

Shastri Bhavan, New Delhi-110001

Dated: June 19th, 2024.

To

All the NGOs under Atal Vayo Abhyuday Yojana

SUBJECT: Celebration of International Day for Yoga, 2024 on 21st June, 2024, and sharing the photographs-regd.

Sir/Madam,

As you are aware that the **International Day of Yoga (IDY)** is a day in recognition of Yoga, that is celebrated across the world on 21st June, following its adoption by the United Nations in 2014. As Yoga exercises have shown significant benefits for physical and mental well-being, it was considered important by the UN to globally promote this wellness practice, which originated in ancient India.

2. This year our Country shall be celebrating the 10th IDY on 21st June 2024. You are requested that celebrations may be arranged at your centre in the occasion of IDY. Tagline for 10th International Day of Yoga is- **#Yoga for self and society** may be demonstrated during the programme in form of poster/flex etc.

3. You are also requested to kindly upload 4-5 photographs (with your centre's details) and one short video of the celebrations at the following link:-

https://drive.google.com/drive/folders/1rPqwI7tall_TVx2h8oeZp1vuVqc7pytm?usp=sharing

Yours faithfully,

(R.S. Negi)

Under Secretary to the Government of India
E-mail-rs.negi66@nic.in

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All RRTCs under Sr Citizen Division, M/o SJ&E for kind necessary
action.